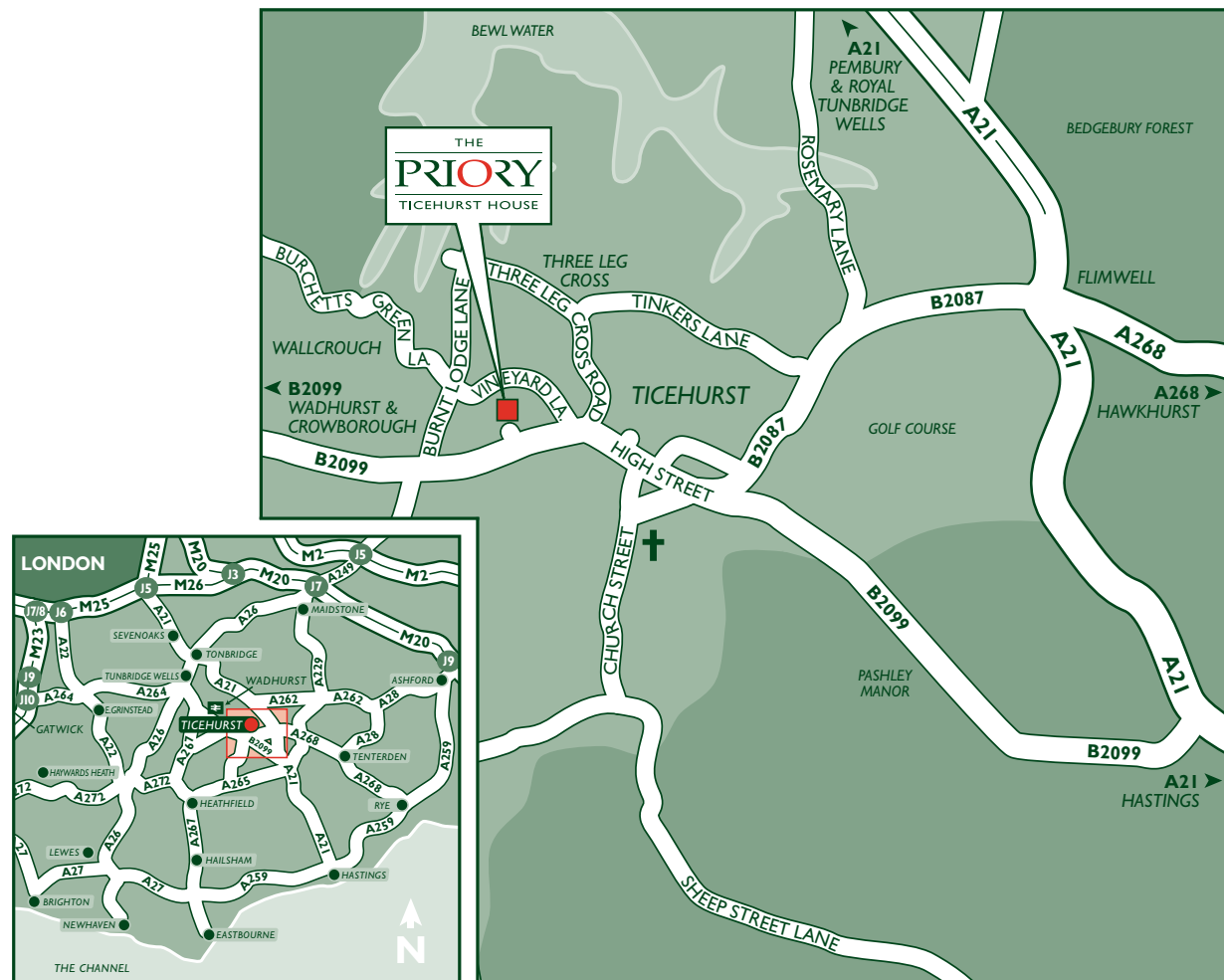


Welcome

to The Priory Ticehurst House

An introduction to the Hospital and our Specialist Care Services



Finding your way to The Priory Ticehurst House

By Car:

From the M25 Heading South

Take Junction 5 off the M25 onto the A21 for 25 miles. Turn right at Flimwell onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

From Hastings Heading North

Head North on the A21 for 18 miles. Turn left at Flimwell onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

From the West

Head towards Heathfield on the A265. Turn left after 10 miles towards Stonegate Station. Continue straight along taking the middle fork of the road. Turn right onto the B2099. The hospital is 1/2 mile along on the left.

From the East

Head towards Hawkhurst on the A229. Take the A268 towards Flimwell. Carry straight on onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

By Train:

Wadhurst Station is a 4 mile taxi ride from The Priory Ticehurst House.

Welcome to The Priory Ticehurst House

The Priory Ticehurst House is an independent hospital specialising in the management and treatment of mental health problems.

Founded over 210 years ago the hospital stands in 48 acres of grounds, providing a calming and therapeutic environment for our patients. The hospital has established an excellent reputation for providing the highest standards of care, together with an extensive range of medical services. The hospital has residential facilities for 77 patients, as well as offering day care and outpatient services. The highly experienced team is able to treat a variety of mental health problems and includes consultant psychiatrists, therapists, counsellors, nurses and support staff. The Priory Ticehurst House obtained the Health Quality Service (HQS) accreditation in March 2005.

Facilities

The environment created for patients is as important as the treatment itself. To this end, all adult patients and nearly all adolescent patients (3 double rooms) have their own comfortable private bedroom. All adult rooms have a television and many have en-suite facilities.

Patients are encouraged to have their meals in dining areas, which are discreet to each unit. The catering team offer an excellent choice of dishes. Special dietary requirements can also be catered for.

Services

The staff team has the expertise and experience to treat most psychiatric conditions. Services include general adult psychiatry, trauma services, addictions treatment programme, adolescent acute psychiatry and adolescent rehabilitation psychiatry.

The services provided by The Priory Ticehurst House are:

Adult Services

The hospital treats a whole range of psychiatric and emotional problems. In-patient, day care and outpatient treatment is provided for diagnosis such as depression, anxiety and stress, fatigue syndromes, personality disorders, and schizophrenia.

Trauma

Specialist programmes are offered for individuals suffering from the effects of both simple and complex post traumatic stress disorder.

Addiction Therapy Programme (ATP)

This programme is provided for alcohol, drug and gambling addictions. The full therapeutic programme consists of a broad array of cognitive and behavioural therapy strategies.

Adolescent Services

The hospital offers an acute inpatient service, adolescent addiction programme and a specialist unit for adolescents who self-harm (*Phoenix Services for Adolescent Self-Harm*). The Phoenix Unit uses Dialectical Behaviour Therapy, a proven psychological treatment for this client group.

On admission, all residential and day care patients are allocated a key worker who is responsible for providing support and co-ordinating their specifically tailored therapy programme. The key worker plays a vital role, as they are responsible for regularly reviewing their patients' programmes and making any suggestions or changes that may be necessary.

Therapy Services

Many patients requiring treatment for mental health problems are able to manage as outpatients or day patients rather than needing inpatient care. The Priory Ticehurst House provides a comprehensive outpatient and day patient programme aimed at treating adult patients experiencing affective disorders, addiction issues and trauma.

Training and Education

The hospital takes an active role in teaching future medical professionals. Currently, junior doctors spend part of their psychiatric training here. (*The Hospital is part of the Guy's Hospital training scheme for Senior House Officers in Psychiatry*). There is an extensive education programme, which is attended by Consultants, General Practitioners and other medical professionals. The Royal College of General Practitioners accredits the education programme.

The Hospital is committed to providing a high quality service, as a centre of excellence, where clinical effectiveness, best practice and Service User involvement are at the centre of the care delivered.

Expert Witness Department

The Priory Ticehurst House operates a comprehensive Expert Witness Department alongside the various treatment programmes. This was established in 1998 to provide a service to the legal profession, insurance companies and others. For a full list of our Experts and any additional information, please call The Expert Witness Department on 01580 202211.

Funding

Private Medical Insurance

Priory Hospitals are recognised by all major private medical insurers, such as BUPA, PPP and others. It is advised that you contact your insurer to check that adequate cover is available.

Self-Funding

Patients who wish to self-fund will be asked to make an initial set payment on admission, either by credit card, cheque or cash. Details of this charge are available on request from the Admissions Office. A self-funding patient will also be asked to sign a financial agreement to guarantee further payments.

NHS

Patients wishing to be funded by the NHS need to discuss funding matters with their own GP or Consultant. The GP or Referring Consultant will then apply for funding from the local NHS Trust. An agreement to fund an NHS patient in a Priory Hospital is made purely at the discretion of the Trust's funding department.

Corporate

The Priory Ticehurst House will be happy to make financial arrangements with corporate clients.

Accessing Treatment

Referral and Admission

The majority of referrals made to a Priory Hospital are through a patient's GP. A referral can be made by telephone, in writing, via e-mail or via fax to the hospital's Admissions Office, who will then pass these details on to the relevant Consultant.

An initial assessment will be carried out for the specialist adult programmes and both adolescent units before a decision will be made concerning admission.

- To make an out-patient appointment with a specific Consultant, please telephone **01580 202202**.

For further details of our specialist treatment programmes or for a list of Staff Consultants, together with their areas of special interest, please contact the Admissions Office on **01580 202202**.

Corporate/Occupational Health

Any company wishing to make a referral, or member of staff wishing to be admitted to a Priory Hospital, will need to be referred by their Company Occupational Health Doctor. If a Company Occupational Health Nurse has been the patient's point of contact they will liaise with the Company Doctor to arrange a referral if this is required.

Telephone: **01580 202202** Fax: **01580 201006**
e-mail: ticehurst@prioryhealthcare.com

